

# What are nicotine and alcohol?

Science- Lifestyle

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# Answer these questions:

1. What is a drug?
2. Why is medicine considered a drug?



## Answer these questions:

1. When can medicines be harmful?
2. Which professions have important jobs ensuring people take medicine correctly?
3. What does addictive mean?



## Answer these questions:

1. When are anaesthetics useful? What is their effect on the body?
2. How are anaesthetics similar to painkillers?
3. How are they different?



## Answer these questions:

1. How is an antibiotic different from a painkiller?
2. Why don't antibiotics cure all diseases?



# Answer these questions:

1. What is a drug?
2. Name two non-medicinal drugs.



## Answer these questions:

1. What effect do small amounts of alcohol have on a person?
2. What effect do large amounts of alcohol have on a person?
3. Explain why people keep drinking even though it is harmful.



## Answer this question:

1. Name the chemical that makes cigarettes addictive.





# Thinking Task:

1. Why can smoking be dangerous?



## Write some advice for the following scenarios:

1. Abdullah, age 14, finds cigarettes in his older sister's bedroom.
2. Jessica is in the park with her friends, who are smoking. She is offered a cigarette by someone she really likes.
3. Mikael is with his older cousin, who is asking him if he wants to vape. Mikael refuses and says that vaping is bad for you. His older cousin says that only cigarettes are bad, vaping is better for you.



## Optional Activity:

Can you make a poster warning people of the dangers of either too much alcohol consumption or products containing nicotine?

