



Lostock Gralam Church of England Primary School

www.lostockgralam.cheshire.sch.uk @LostockGralamPr 01606 668270

Date: Thursday 12th October 2023

Children are at the heart of everything we do and Christ is the light that guides us.

John 8:12

Harvest

It was wonderful to welcome so many families and friends into church to celebrate Harvest with us. We were so proud of our children for their beautiful singing, poems and prayers. Thank you to our Head Students who wrote their part in our worship and led the service with confidence and clarity. A very special mention also to our superb Owls for their first church worship in front of other classes and parents, we loved your poem! Many thanks for your kind contributions to our local food bank, all items were greatly received and will make a big difference to many local people. Thank you as always to Vicar Andrew for welcoming us into church and for your blessings and participation in school life. Thanks also to Mrs Rice for ensuring we all really enjoyed the morning!

School Grounds

I am thrilled that thanks to the incredible donations from the PTA and other school funding that we have completed the playground improvement work we started last year. We have a new quiet area on the playground full of benches and a lovely surface to both look at and play on. The playground has been cleared of obstacles so we can have football all year round which is so important to us and we have finally created a very special area on the courtyard to use throughout the school day. Not only does it look great, but it is lovely to use, as Daisy and I discovered when we gave the obstacle course a test run on Monday! Your donations to school make such a difference and I can't thank you enough! All leftover grass was kindly put down in the reception outdoor area to go alongside their new water wall!

Sports News



On Tuesday, our Year 4 football team visited Rudheath Senior Academy for a tournament. 'When we arrived, we practised our passing skills and sprinting. Then, we played two matches. In the first match we won 2-0 and then 6-1 in the second match! We are proud of ourselves for showing courage and teamwork during our play and for being respectful to the other the teams by shaking their hands after we played.'



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World Mental Health Day – Tuesday 10th October

It is always great to celebrate world events and I'm thrilled that our children took part in activities to raise the importance and awareness of mental health. What I will say is that we try and make every day at Lostock about supporting mental health. Mrs O'Marah is our lead practitioner and Mrs Hoskins is a Drawing and Talking therapist as well as Elsa support. If you feel **you or your child** is struggling there are so many things we can do to help, please mention it to us via email or when you see us around school. You are not alone, and we are here to support you.

Special Educational Needs (SEN)

This weekend Mrs O'Marah and I will be attending the SEN annual conference in London. This aspect of education is always in the news, and we are hoping to speak to national experts and see the very latest resources for ourselves, we cannot wait to share what we have learnt with you in the next few weeks and hopefully have a positive impact on all our children.

Remembrance Day

To celebrate Remembrance Day this year, we'd like to make a poppy out of red and green reused plastic milk bottle lids. Please send any that you have into your child's class teacher and together, we'll make a school poppy to commemorate this special national event.





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PTA News

It's pumpkin season and our PTA have organised a fun pumpkin carving/decorating competition for the children. Pumpkins will be on sale after school on Monday 16th October for £2.50 (only one pumpkin per child please). The children can then take them home, work their creative magic on them and bring them back to school on Friday 20th October for judging. There will be a winner in each class. Get involved! 🎃 This event has been very kindly sponsored by Richie Clayton (parent in Starlings) of M2M Data Connect - THANK YOU!

PTA Harvest Raffle

Thank you for supporting our harvest raffle and helping us raise money to give the children the very best experiences while they are in school.

Lost Property

We have already gathered a lot of lost jumpers and hoodies since the start of term which have no names in them. Please can you have a look on the bench outside the entrance to KS2 if your child has lost their jumper or hoody to see if we can return any of them to their owners!

Thank you for your support with this!

Message from Public Health

Below is a link offering advice to parents from the UK Health Security team. It's explaining how things we can do to help slow the spread of seasonal illnesses and avoid unnecessary absences. The article covers the role of healthy hygiene habits, vaccination, spotting the symptoms of common illnesses, and how to make informed decisions on whether a sick child is well enough to attend school.

Read the post here: <https://ukhsa.blog.gov.uk/2023/09/08/a-parents-guide-to-keeping-kids-healthy-this-school-year/>





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Very Green Grocery Northwich (formally the Cheshire Food Hub)

Click [here](#) to follow on Facebook – it really is worth it as they offer an incredible service!

Here's some more information about what they offer:

We're a not for profit organisation with **the primary aim of reducing food waste.**

Supermarkets and shops donate food that is just passed its best, but hasn't yet reached its use by date. The supermarkets can no longer sell it and it would otherwise go to landfill. It's still in great condition and absolutely fine to eat.

There is always a fantastic selection from each supermarket section – tinned foods, pasta, vegetables, fruit, salad, potatoes, meat, dairy, cereals, eggs, pastries, bread, toiletries.

Regular food donations from Waitrose, Asda, Morrisons, Tesco, Aldi, Greggs, Lidl, Co-op. All of the money taken on the door goes straight back into the grocery. This means we can buy items in bulk. **Open to absolutely everybody, regardless of where you live or your financial situation.** So you can help save the planet at the same time as saving yourself some money. Just turn up on the day with £4 and your shopping bags.



Very Green Grocery Northwich

1.5K likes • 2.1K followers

The Old School House,
Manchester Road,
Northwich,
01606 254090

Courses for Parents

m.

Interested in a Career in Beauty Therapy?

YOU ARE INVITED TO ATTEND
AN INTRODUCTORY SESSION
to find out about **free**
qualifications available in:

- Level 2 Beauty Therapy
- Level 2 Nail Technology
- Level 2 Brow Shaping & Colouring
- Level 2 Facial Skin Care



9th November 2023

9am—11am

**Learning and Skills Hub at
Barnton Primary School**

To book a place, please text or call: 07833 236675

Or email us at:

workzonenorthwich@cheshirewestandchester.gov.uk

THE LEARNING & SKILLS HUB AT BARNTON PRIMARY SCHOOL INVITES YOU TO OUR

ENTRY LEVEL 3 HEALTH & WELLBEING

28TH NOV- 1ST DEC

9.15 - 2.45

HEALTHY LIFESTYLES

HELPING YOU UNDERSTAND THE IMPORTANCE OF A HEALTHY DIET AND LIFESTYLE AND HOW IT CAN AFFECT YOUR MENTAL HEALTH.

BUILDING CONFIDENCE & SELF ESTEEM

UNDERSTAND HOW CONFIDENCE AND SELF ESTEEM MAY AFFECT YOUR OWN LIFE, AND GAIN NEW SKILLS TO IMPROVE BOTH.

WORKING TOWARDS GOALS

LEARN TO PLAN HOW TO MEET IDENTIFIED GOALS AND FOLLOW YOUR OWN PLAN.



FOR MORE INFORMATION OR TO BOOK ON
CALL OR TEXT 07833 236 675

Adult Education
Cheshire West and Chester



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LEVEL 1 CHILD DEVELOPMENT

TAKING PLACE AT THE LEARNING & SKILLS HUB
AT THE RUSSETT SCHOOL

13TH - 17TH NOV
9.15 - 2.45

This 5 day course looks at

- Understanding play and the links between play, learning and development
- Understanding children's social and emotional development
- Introduction to SEN

TO BOOK ON CALL OR TEXT- 07833 236 675

Please note to be eligible you must be able to reach 16 of service, 19 earn under £20,319 per year

Free introduction to emergency first aid course

Training includes

- CPR in Adults & Children
- Recovery position
- Choking
- How to locate & use a defib
- Basic first Aid

The Russett School 9.15am-1pm
Weaverham CW8 3BW 19th October
workzonenorthwich@cheshirewestandchester.gov.uk
ster.gov.uk
call or text to book a place:
07833236675

Online Safety

To help keep your children as safe as possible online, please click [here](#) to access an interactive guide. It gives you practical instructions on how to set parental controls on the most common devices children use.

Diary Dates

This will be added to each week!

17-18th October	Parents Evening – more details to follow on Friday. Slots will be available to book on Monday.
30th October	Owls worship in Church led by Vicar Andrew – parents welcome to join
6th November	Years 5 & 6 worship in Church led by Vicar Andrew – parents welcome to join
13th November	Years 3 & 4 worship in Church led by Vicar Andrew – parents welcome to join
15th November	Robins trip to Beeston Castle
20th November	Years 1 & 2 worship in Church led by Vicar Andrew – parents welcome to join
21st November	Skylarks trip to Lion Salt Works
22nd November	Swallows trip to Titanic Museum
28-29th November	KS1 Christmas play
1st December	Christmas jumper day for St Lukes
6-7th December	KS2 play
8th December	Christingle
12th December	PTA non uniform day for a donation for Xmas Fair, chocolate KS1 and bottles KS2.
13th December	Panto & PTA Christmas Fair



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14 th December	Christmas Carol concert & Christmas Lunch
10 th January	Toucans trip to the Imperial War Museum
17 th January 2024	Goldfinches trip to Chester Grosvenor Museum
12 th March 2024	Swallows Trip to Fox Howl Centre, Delamere
8 th May 2024	Skylarks Trip to Tatton Park
3-5 th June 2024	Toucans Residential Petty Pool Centre

Worship

Our children led a fabulous Harvest worship in church this week. We welcomed many new and existing families and friends into church to celebrate with us as we thanked God for his beautiful world.



Y6 quote - "I loved being able to write our own poem and performing this in front of our families. We all contributed our thoughts about the importance of Harvest."

Y3 quote - "I loved singing in front of my mum and dad. It was special to be in church."

Reception quote - "I had fun in God's house. We said thank you to the farmers for our food."

Praise children for fantastic work

Owls (Reception)	Ava	For sharing your joy during our Harvest service. Ava showed such courage performing our harvest song with a HUGE smile! What a superstar.
Starlings (Y1)	Skyler	For her joy and perseverance. Skyler lets her light shine in all that she does. Well done Skyler.
Swallows (Y2)	Martha	For friendship, kindness, joy and wisdom. You are a pleasure to have in class.
Robins (Y3)	Peggy	For the constant Joy and Wisdom that she brings to our learning in class. She has wowed us this week with her creative writing!
Goldfinches (Y4)	Ethan	For showing joy and gentleness at the football tournament this week. Well done Ethan!
Skylarks (Y5)	Freddie	For showing wisdom and perseverance during our English lessons this week. Freddie wowed us with his recount writing. Well done!



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Toucans (Y6)	Jessica	For showing perseverance and determination all week while working to her best ability with a sprained arm.
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'Top Table' children for wonderful manners at lunchtime	
Owls (Reception)	Alfie and Ada
Starlings (Y1)	Olive and Annabel
Swallows (Y2)	Teddy and Teddy
Robins (Y3)	Parker and Elijah
Goldfinches (Y4)	Arija and Amber
Skylarks (Y5)	Logan and Alex
Toucans (Y6)	Erica and Jessica

Before & After school clubs – Autumn Term		
Name	Day/Time	Key Stage
Dodgeball	Monday 8-9am	Years 1-6
Girls Football	Monday 3.15-4.15pm	KS2
Hockey/Basketball	Wednesday 8-9am	Years 1-6
Football	Wednesday 3.15-4.15pm	Years 1,2,3
Gardening	Thursday 3.20-4pm until Oct half term	Years 5-6
Athletics/Benchball	Friday 8-9am	Years 1-6
Football	Friday 3.15-4.15pm	Years 4,5,6



Happy Birthday!

To Edie in Owls, Maisie, Ezrae, Ethen and Elijah in Robins, Arija in Goldfinches, Harriet in Skylarks and Frazer in Toucans

Lunch Menu – Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Burger served in a bun with potato wedges & vegetables or baked beans	Macaroni cheese served with crusty Bread & Seasonal Vegetables	Roast Gammon served with Roast/Mashed Potatoes, Seasonal Vegetables & Gravy	Chicken Tikka Masala served with Rice, Naan Bread & Seasonal Vegetables	Cheese & Tomato Pizza served with chips and peas/beans
Jacket Potato with a Selection of Fillings Served with a Side Salad	Jacket Potato with a Selection of Fillings Served with a Side Salad	Jacket Potato with a Selection of Fillings Served with a Side Salad	Jacket Potato with a Selection of Fillings Served with a Side Salad	Jacket Potato with a Selection of Fillings Served with a Side Salad



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Deli Choice of Breads with a filling choice of ham, cheese or tuna Served with a Side Salad	Deli Choice of Breads with a filling choice of cheese, ham or tuna Served with a Side Salad	Deli Choice of Breads with a filling choice of ham, cheese or tuna Served with a Side Salad	Deli Choice of Breads with a filling choice of ham, cheese or tuna Served with a Side Salad	Deli Choice of Breads with a filling choice of cheese or tuna Served with a Side Salad
Fruit crumble & custard	Chocolate crunch	Trio of melon	Jam & custard biscuit	Golden crunch cookie

TERM DATES September 2023/August 2024

	Date of Closing	Date of Re-Opening
Summer 2023	Thursday 20 th July – school finishes at 1 pm no Fun Foxes	Tuesday 5 th September
Autumn Half-Term 2023	Friday 20 th October	Monday 30 th October
Christmas 2023/2024	Friday 15 th December school finishes at 1 pm – No Fun Foxes	Tuesday 2 nd January
Spring Half-Term 2024	Friday 16 th February	Monday 26 th February
Spring Break 2024	Wednesday 27 th March	Monday 15 th April
May Day Weekend 2024	Friday 3 rd May	Tuesday 7 th May
Summer Half-Term 2024	Friday 24 th May	Monday 3 rd June
Summer break 2024	Friday 19 th July school finishes at 1 pm – No Fun Foxes	Monday 2 nd September

INSET DAYS (Teacher Training) – 5 in total for 2023/24

Monday 4th September 2023

Thursday 28th March 2024

Monday 22nd July 2024

Tuesday 23rd July 2024

Wednesday 24 July 2024



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HOLIDAYS IN TERM TIME

Pupils are discouraged from taking holidays in term time unless there are exceptional circumstances. It is very rare that any holiday would be authorised. Good attendance is key to pupils making good progress and taking time out to go on holiday can significantly hamper progress. Where a holiday is unauthorised the LA is informed. A Fixed Penalty Notice will then be issued in accordance with section 444 of the Education Act 1996. The current rates payable by parents are £60 where the amount is paid within 21 days and £120 where the amount is paid within 28 days. The charge is per parent/carer per child. If the Fixed Penalty Notice remains unpaid this could lead to prosecution in the Magistrate's Court.

For the DfE statutory guidance on school attendance please click on the following link:

<https://www.gov.uk/school-attendance-absence>

Attendance

Attendance is crucial for all children in order that they will achieve and is monitored closely by school. We are always happy to help any families who are struggling for any reason. Emily Leather our family support worker is in school Monday, Tuesday and Friday and is always keen to help.

“Central to raising standards in education and ensuring all pupils can fulfil their potential is an assumption so widely understood that it is insufficiently stated – pupils need to attend school regularly to benefit from their education. Missing out on lessons leaves children vulnerable to falling behind. Children with poor attendance tend to achieve less in both primary and secondary school.” School Attendance DfE May 2022

If your child is ever unwell, please do let us know the reason for the absence by 8:45am on 01606 668270 (a message can be left on the school answer phone).