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| **Year 1**  **Starlings** | **Before** 9:00am | 9:00 – 10:00 | 10:00-11:00 | 11:00-12:00 | **Lunchtime – 12:00 -12.30** | 12:30 – 1.00 | 1:00 – 2:00 | 2:00 – 3:15 | 3.15 – 4:00 |
| **Monday** | Eat breakfast, make your bed, get washed and dressed, any laundry in the basket. | Family walk with the dog (if you have got one!)  Five-day/indoor exercises/indoor yoga or other exercise if wet.  <https://www.youtube.com/user/CosmicKidsYoga>  <https://www.gonoodle.com/>  <https://www.nhs.uk/10-minute-shake-up/shake-ups>  PE with Joe Wicks at 9am - <https://www.youtube.com/user/thebodycoach1> | Work from the packs that have been sent home  Maths – complete 1 page of Power Maths each day  Arithmetic – complete one frequency grid each day  Writing – Complete one of our daily writing challenges  Reading – Watch one of our daily speed sound lessons and read an online reading book on the Oxford Owl website  Spellings | Creative Time – Lego, drawing, crafting, music, cooking, baking, coding, painting.  coding - <https://www.scratchjr.org/> <https://code.org/> | Tidy Time – Wipe down kitchen table and chairs, wash and dry kitchen dishes, tidy bedroom and lounge | Quiet Time – Reading, Puzzles, Nap (No Electronics) | Continue working from packs | Afternoon Fresh Air – Bike, Walk the dog, play outside. |
| **Tuesday** |
| **Wednesday** |
| **Thursday** |
| **Friday** |



Home Learning – this timetable is intended as a guide to support learning at home during a prolonged period of school closure. We appreciate that you will have differing demands on your time but hope that this helps in continuing ‘a love learning’ at home. We will also be updating the class blog daily with any specific activities that you can do each day and further resources that you may need.

Miss Gillam ☺

**If you have issues with usernames and passwords, please contact admin@lostockgralam.cheshire.sch.uk**



‘A Love for Learning’ – Using the links below, please research each area and respond in the exercise book provided. This could be a written response; fact sheet, poster, poem, non-fiction report, diary entry, newspaper article, diagrams, maps…there are lots of things to learn on each part so break each activity up into sections to study and record.