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| **Year 5**  **Skylarks** | **Before** 9:00am | 9:00 – 10:00 | 10:00-11:00 | 11:00-12:00 | **Lunchtime – 12:00 -12.30** | 12:30 – 1.00 | 1:00 – 2:00 | 2:00 – 3:15 | 3.15 – 4:00 |
| **Monday** | Eat breakfast, make your bed, get washed and dressed, any laundry in the basket. | Family walk with the dog (if you have got one!)  Five-day/indoor exercises/indoor yoga or other exercise if wet.  <https://www.youtube.com/user/CosmicKidsYoga>  <https://www.gonoodle.com/>  <https://www.nhs.uk/10-minute-shake-up/shake-ups> | Work from the pages that have been sent home about decimals and timetables. Use CGP maths books alongside to complete any activities that will support this learning.  TT Rock Stars - <https://play.ttrockstars.com/auth/school> | Creative Time – Lego, drawing, crafting, music, cooking, baking, coding, painting.  Apps such as: book creator, quiver, tynker and imovie (all free)  coding - <https://www.scratchjr.org/> <https://code.org/> | Tidy Time – Wipe down kitchen table and chairs, wash and dry kitchen dishes, tidy bedroom and lounge | Quiet Time – Reading, Puzzles, Nap (No Electronics) | Spend this time working on the project given for the week. | Afternoon Fresh Air – Bike, Walk the dog, play outside. |
| **Tuesday** |
| **Wednesday** |
| **Thursday** |
| **Friday** |



Home Learning – this timetable is intended as a guide to support learning at home during a prolonged period of school closure. We appreciate that you will have differing demands on your time but hope that this helps in continuing ‘a love learning’ at home. We will also be updating the class blog daily with any specific activities that you can do each day and further resources that you may need.

Miss Thwaites

**If you have issues with usernames and passwords, please contact admin@lostockgralam.cheshire.sch.uk**

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| **Young Leaders Award (YLA):**  Before we left school, we had just started working through our Young Leaders Award (YLA) booklets and completing a range of different activities that would help you to learn about what it is like to be a leader and how you can develop and become one.  There has been a home learning platform released for you to continue to work through this programme at home. This type of learning develops you as a person and the activities should be fun and rewarding. Your parents or carers can sign up to this resource for free to receive updates on new lesson that have been added.  <https://www.archbishopofyorkyouthtrust.co.uk/yla-at-home?utm_source=Schools+Contact+List+%28Jan+2020%29&utm_campaign=4da8a0bd44-EMAIL_CAMPAIGN_2020_06_08_08_51&utm_medium=email&utm_term=0_2ef554324d-4da8a0bd44-103007163>  **Monday**  Look at what it is like to be a young leader in your home: <https://uploads-ssl.webflow.com/5cd1652057508f63b37d0dcd/5e7de6255787ae56c81e337d_KS2%20-%20Being%20Young%20Leaders%20in%20your%20Home.pdf>  **Tuesday**  Explore the stories of others who are inspirational leaders and how they were leaders and what they did: <https://uploads-ssl.webflow.com/5cd1652057508f63b37d0dcd/5e7b77c4474f6f204939fa6b_KS2%20-%20Inspirational%20Leaders.pdf>  **Wednesday**  Complete Session 1 of this programme by learning about courage (all these activities can be found on the main link at the top or you can click the links I attached to take you straight there). Session 1 is looking at courage: <https://www.archbishopofyorkyouthtrust.co.uk/yla-at-home/courage-ks2>  **Thursday**  Complete Session 2 of this programme by learning about thankfulness: <https://www.archbishopofyorkyouthtrust.co.uk/yla-at-home/thankfulness-ks2>  **Friday**  Complete Session 3 of this programme by learning about compassion: <https://www.archbishopofyorkyouthtrust.co.uk/yla-at-home/compassion-ks2>  You can document any of these tasks in your home learning booklet or you could print out the resources and complete the tasks on them or even type up your new learning into a word document as you do it.  **Challenge:**  As a bit of an extra to support yourself in becoming a young leader of the future, you may want to help others within your community by completing a kindness postcard. On this postcard you could write to people in your community to make them aware of who you are (remember to only share information that will protect you, so just share your first name). You can state how you may like to help someone if they are self-isolating: <https://uploads-ssl.webflow.com/5cd1652057508f63b37d0dcd/5e7396bd1dc283824374f036_POSTCARD_Branded.pdf> |
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